

# Brian Scott Peskin

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## About

Brian Peskin earned his B.S.E.E. degree (electrical engineering) at Massachusetts Institute of Technology (M.I.T.) in 1979. He began researching the nutritional field in 1993, which has led to being recognized as a world-leading pioneer in transforming Nobel Prize-winning research into practical solutions for quantum nutrition, peak personal performance, and optimal health. During the past 9 years, he has combined the **scientific** understanding of metabolism, fat-loss, and immunity to disease into **practical** and **understandable** terms. In particular, over a decade has been devoted specifically to finding a practical solution **preventing the prime cause of cancer**, based on the Nobel Prize-winning work of Otto Warburg, M.D., Ph.D. Early successes allowed him to expand his mandate, precisely **explaining the cancer / cardiovascular disease connection along with CVD prevention**.

## Achievements

**1992**

Peskin began work on what would become an international bestseller (now out of print) selling in excess of 100,000 copies worldwide. It was the result of over 5,000 hours of research and scientific analysis of more than 3,500 medical textbooks and scientific papers. It had 6 printings and was hailed by medical professionals from around the world as being *“among the most significant works on diet and nutrition published in the last 100 years.”*

**1995**

Peskin **founded the field of Life-Systems Engineering Science** to provide an “internally consistent,” science-based platform for his discoveries to academic institutions and scientists. This field brings the “cause-effect” accountability of engineering into the life sciences.

**1998**

Peskin was appointed Adjunct Professor of Clinical Pharmacy in the Department of Pharmacy Practice at Texas Southern University, College of Pharmacy and Health Sciences (1998-19999). He conducted research. The former President of the University, Dr. James Douglass, (President —1998) stated: ***“We are honored to have Professor Peskin as a member of the faculty. His nutritional discoveries and practical applications through Life-Systems Engineering [Science] are unprecedented.”***

His nutritional recommendations, advanced by books, articles and lectures, have literally changed the lives of thousands of people around the world by promoting a **scientific approach** to diet and nutrition.

**2003**

Peskin’s discoveries have become encompassed in an educational format called **“The Program”** — **an exciting, easy-to-understand, audio/visual/written program** about how to obtain optimal health with boundless energy and become lean-for-life.

It is Peskin’s life-goal to popularize the scientific truth of achieving ideal health; in particular, prevention of both cancer and cardiovascular disease. With a **focus on teaching physicians and health professionals** the world’s most advanced medical science, he “connects-the-dots” and offers critical insights others continue to miss.

Today, Brian is an independent scientist and consultant to numerous nutritional companies and physicians who demand science — not opinion. **He is chief research scientist for the Cambridge International Institute for**

**Medical Science, dedicated to advancement of medicine based on the highest standard of physiology-based research.**

His work has led to both a patent-pending for a unique nutritional supplement, as well as an exciting FDA phase III clinical trial to both prevent and reverse existing heart disease.

## **Major Medical / Scientific Publications**

Invited Author Medical Textbook Chapters.

**2010**

**“Parent Essential Fatty Acids, Oxygenation, and Cancer Prevention: A New Solution,”** Anti-Aging Therapeutics Volume XII, The American Board of Anti-Aging Medicine, edited by Ronald Klatz, MD and Robert Goldman, MD, Chapter 29, pages 249 – 258.

**“The Failure of Statins: A New Physiologic Solution to Cardiovascular Disease,”** Anti-Aging Therapeutics Volume XII, The American Board of Anti-Aging Medicine, edited by Ronald Klatz, MD and Robert Goldman, MD, Chapter 30, pages 259 – 273.

**2009**

**“The cancer-hypoxia/decreased respiration-glycolysis connection: New insights from Nobel-prize-winner, Otto Warburg, MD, PhD.,”** Glycolysis: Regulation, Processes and Diseases, Paul N. Lithaw, editor, Nova Science Publishers, New York (USA), Chapter II: pages 25-43.

Peer-reviewed.

**2010**

**“Warning: Fish oil contains no true EFAs—Physicians may be unknowingly prescribing the wrong substance to patients causing great harm—PEOs solve this problem,”** Brian S. Peskin, B.Sc., *Explore!* Volume 19, Number 6, 2010, pages 35-43.

**2008**

**“The Failure of Vytorin and Statins to Improve Cardiovascular Health: Bad Cholesterol or Bad Theory?,”** Brian S. Peskin, B.Sc., David Sim, M.D., Marissa J. Carter, Ph.D., *Journal of American Physicians and Surgeons*, Volume 13, Number 3, Fall 2008, pages 82-87.

**“Chronic cellular hypoxia as the prime cause of cancer: What is the de-oxygenating role of adulterated and improper ratios of polyunsaturated fatty acids when incorporated into cell membranes?,”** Brian S. Peskin, Marissa J. Carter, *Medical Hypotheses* (2008) 70, 298–304.

General Medical.

**2010**

**“Breakthrough in Clinical Cardiology: In-Office assessment with Pulse Wave Velocity (PWV) and Digital Pulse Analysis (DPA),”** Brian Scott Peskin, BSEE, with Robert Jay Rowen, MD, *Townsend Letter for Physicians*, May 2010, pages 80-86.

**2009**

**“Cancer and Mitochondria Defects: New 21st Century Research,”** Brian Scott Peskin, BSEE, *Townsend Letter for Physicians*, Aug./Sept. 2009, pages 89-94.

**2008**

**“Vytorin Failure Explained – A New View of LDL,”** Brian Scott Peskin, BSEE with David Sim, MD, *Townsend Letter for Physicians*, June 2008, pages 101-112.

**“Statins and Increased Cancer: The Hidden Story and a New Solution,”** Brian Peskin, BSEE, *Townsend Letter for Physicians*, February / March 2008, pages 87–92.

**“Statins and cancer – the hidden story,”** Brian S. Peskin, BSEE with Amid Habib, M.D. *Middle East Health*, January / February, pages 82-91.

**“The Connection Between Decreased LDL Cholesterol And Increased New Cancer Cases Is Explained And A Solution Offered,”** *Medical News Today*, on-line medical newsletter, January 2008.

#### 2007

**“EFAs, Oxygenation, and Cancer Prevention: A New Solution,”** Brian Scott Peskin, BSEE, *Townsend Letter For Physicians*, August / September 2007, pages 81-91.

## Featured Lectures

#### 2010

**Professor Peskin Presents: “The Science of Fish Oil Fallacies,”** Arizona Homeopathic & Integrative Medical Association, Phoenix, Arizona, October.

**Molecular and cell oncology: “Parent Essential Fatty Acids, Oxygenation, and Cancer Prevention: A New Epigenetic Solution,”** World Cancer Congress, Singapore, June.

**“Breakthrough in Clinical Cardiology: In-Office Assessment with Digital Pulse Analysis,”** American Academy of Anti-Aging Medicine, Orlando, Florida, April.

#### 2009

**“The Failure of JUPITER and Statins,”** Co-chair Cardiology Session, American Academy of Anti-Aging Medicine, Las Vegas, Nevada, December.

**“The Failure of JUPITER and Statins,”** Co-chair Cardiology Session, American Academy of Anti-Aging Medicine, San Jose, CA, September.

**“Parent Essential Fatty Acids (PEOs), Oxygenation, and Cancer Prevention: A New Solution,”** American Academy of Anti-Aging Medicine, Orlando, Florida, April.

#### 2008

September 2008: Keynote speaker at Pine Street Foundation, **“The Connection Between Cancer and Heart Disease.”**

July 2008: Speaker at BoulderFest, **“Parent Essential Fatty Acids, Oxygenation and Cancer Prevention: A New Solution.”**

## Published (currently in print) Books

**The Hidden Story of Cancer** (5<sup>th</sup> edition: 680 pages — English)

1. The Hidden Story of Cancer – Korean translation (2010)
2. The Hidden Story of Cancer – Dutch translation (2010)

